

# 30 DAYS TO SAVE YOUR FAMILY

## Selfishness

30 Days to Save Your Family

### Connect

20 Minutes

1. Tell the truth. Are you more likely to take the best seat or offer it to someone else? Take the bigger piece of cake or let your kids go first? Choose the movie you want to watch or let your spouse choose?

### Grow

30 Minutes

2. Looking out for #1 starts early. Who hasn't observed the selfish "gene" in a 2 year-old? Ever tried to teach a child to share? What happened? Why do you think that happened?
3. It's one thing when a 2 year-old thinks only about what they want. The proud parents might even chuckle at the child's insistence that everything is "mine." Is there a point in time when you expect a child to be willing to share? When?

In his letter to the Christians in Philippi, the Apostle Paul wrote:

*"Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too."*  
Philippians 2:3-4 NLT

4. Why do you think Paul made this point?
5. Jesus said "God blesses those who are humble," told his followers to "turn the other cheek" (Matthew 5) and choose the less desirable seat at the table (Luke 14). What do these teachings say about looking out for #1?
6. Paul's letter to the Christians at Philippi continued:

*"You must have the same attitude that Christ Jesus had. Though he was God, he did not think of equality with God as something to cling to. Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, he humbled himself in obedience to God and died a criminal's death on a cross."* Philippians 2:3-8 NLT

Why do you think Paul used Jesus as an example?

7. When is it the hardest for you to put the needs of other people first?

## **Surrender**

15 Minutes

8. If your group is larger than 6 people, consider sub-grouping for prayer this week. Best practice is to make this time guys with guys and gals with gals. Before you pray tonight, take a few minutes to allow your group members who are comfortable sharing to
  - a. share an area where you need help
  - b. share a recent step in the right direction
  
9. Although your group members may be new to each other, commit to touch base in the next few days. Exchange phone numbers or email addresses with another group member and then make a point of checking in before your next meeting.

For further study:

- 2 Timothy 3:1-5
- Luke 14:7-12
- 1 Peter 3:7

## **30 Ways in 30 Days to Save Your Family Reading Plan:**

- Day 22: Keep Your Kids Safe in Online Social Networking (Chapter 26)
- Day 23: Let the Golden Rule, Rule Your Home (Chapter 27)
- Day 24: Know the Difference: Principles and Preferences (Chapter 8)
- Day 25: How to Have Meaningful Discussions With Your Child (Chapter 12)
- Day 26: Secure Allies in the Battle (Chapter 14)
- Day 27: Develop and Follow “Mother’s Intuition” and “Father Knows Best” Instincts (Chapter 15)
- Day 28: Establish a Family Tradition of a Daily Quiet Time (Chapter 2)  
Make Your Own List (Chapter 30)