



Leader Notes Session One

Curriculum Note: Each week the Group Study questions and the Leader's Notes will be available **one week in advance** for download on the Life Group blog (www.acclifegroups.org) and pickup in the lobby. Pickup in the lobby will be available for groups that request it.

1. Remember that the purpose of the Connect question(s) is to loosen up the group. Note that you should be able to do both question 1 and 2 in about 20 minutes. A great way to get off to a good start is for you to model what an appropriate answer.
2. When you're going over the Group Life Agreement, read each item. When you come to the Expectations section, take the time to clarify each point. **Important:** Your group may not be ready to sign their names below. That's not important in your first session. What is important is to get the ground rules out in the open.

Watch the video after question 2.

3. Again, the way you answer a question models for the group the appropriate length and depth. This is a good question to get a few answers to. "Let's get a few ideas on what you think of when you hear the word 'temptation.'"
4. You should get a range of answers. Everything from "don't buy ice cream" to "block certain channels on the TV when I travel." If your group's answers are focused on sexual temptation, you may need to prime the pump by throwing out an alternative.

Remember, never ask someone to read the scripture aloud. Ask, "Who'd like to read the scripture passage?" This is a long section, but will generate a good discussion. Note that it's from a paraphrase by Eugene Peterson called The Message. "Peterson has taken the Bible and put it into fresh language, staying as true to the original ideas as possible."

5. There's no right answer to these questions. This is an opportunity for the group to speak their mind about what they think goes through the mind of the young man.
6. It's important to ask "why." You model the length and depth for the group's answers.
7. There are a number of phases in Proverbs 7:6-27 that provide hints about what to avoid. Remember that this session is about more than sexual temptation. You may want to broaden it back out to include eating, shopping, acquisition, gossiping, etc.
8. One of the goals of this 6 week study is to provide the first steps toward finding strength and support in community. We're not in this struggle alone. If you have someone or a few people that you lean on for encouragement and accountability, share them with the group.

9. Take a few minutes to brainstorm as a group, even writing down the names of a few people you should invite for next week's session.
10. Remember that praying out loud is not a familiar practice to many people. In fact, public speaking ranks higher on the list of people's fear than death! Pass out index cards and pens and ask your group members to write out a one sentence prayer and then read them or pass them in to be read.

30 Days Reading Plan: We've simply arranged the chapters according to the topic we're focusing on. No homework. If your members pick up one good idea it will make a real difference in their family; in their own personal life.

30DTSYF Group Calendar: It is a great idea to mention the calendar and then ask the group if anyone one like to bring refreshments or facilitate a session. Simply pass the calendar around and let your members sign up for something.