



## Leader Notes Discipline

1. Remember that the purpose of the Connect question is to loosen up the group.

### Watch the video after question 2

3. In this passage Paul refers to running and boxing. The people of Corinth were very familiar with the Isthmian games (similar to our Olympics) where the winners received a perishable wreath.

Unlike a community 5k, life is a race worth winning.

4. Paul wrote that he ran "*with purpose in every step.*" When you think about the way you spend your days, how much of them are really purposeful? How often do you look back and think "where did the day go?" How often do you think "that was a waste of time?"  
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5. This is a good question to think through in advance. Have you ever had a season where you had more than normal discipline? Remember, it's always okay to admit that this is an area of struggle for you.
6. Paul was motivated by the fear that "*after preaching to others I myself might be disqualified.*" Who hasn't read the story of a fallen pastor or leader and resolved to stay the course? There was a lot riding on Paul's example. New believers and the watching eyes of non-believers alike were constantly evaluating his dogged determination to run the race. Not unlike the one we are in.
7. Your answer here (and in question 8) will determine the depth and the extent of your group's sharing. Willingness to share honestly and openly about your own challenge in this area will go a long way to encourage the group to engage.
9. Sub-grouping will help this exercise. Your group may not want to do it. Don't feel like you have to do this tonight. Be sensitive to the feelings of your group members. You may want to prepare by asking someone else in your group to help guide a few. That will help smooth the way.
9. One way to help your group members connect in between meetings is to provide an index card or post-it for everyone and then have to exchange telephone numbers with one other person.

